

2018. S.38

FOR EXAMINER

EXAM NUMBER

Total
Mark



Coimisiún na Scrúdaithe Stáit State Examinations Commission

JUNIOR CERTIFICATE EXAMINATION, 2018

HOME ECONOMICS

ORDINARY LEVEL

THURSDAY 14 JUNE – MORNING 9.30 – 11.30

Total Marks 240

INSTRUCTIONS TO CANDIDATES

- SECTION A - 80 marks.
Answer 16 (sixteen) questions from Section A.
All questions carry equal marks.
- SECTION B - 160 marks.
Answer 4 (four) questions from Section B.
All questions carry equal marks.
- Answer the questions in the space provided.

CENTRE STAMP

CENTRE STAMP

For examiner's use only

QUESTION	MARK
Section A (Total)	
Section B	
1	
2	
3	
4	
5	
6	
TOTAL →	
GRADE →	

1. Total of end of page totals	
2. Aggregate total of disallowed question(s)	
3. Total mark awarded (1 minus 2)	
4. Bonus mark for answering through Irish (if applicable)	
5. Total mark awarded if Irish bonus (3 plus 4)	
Note: The mark in row 3 (or row 5 if an Irish bonus is awarded) must equal the mark in the Total Mark box above.	

SECTION A
80 marks

Answer 16 (sixteen) of the following questions. All questions carry equal marks.

1. List **four** healthy eating guidelines.

(i) _____

(ii) _____

(iii) _____

(iv) _____

2. Name **two** sources of vitamin C in the diet.

(i) _____

(ii) _____

3. Indicate with a tick [✓] which statement is correct.

(i) Perishable food should be stored in a cupboard.

(ii) Cross contamination is the transfer of bacteria from cooked food to raw food.

(iii) Food poisoning is a serious illness.

4. List **four** items of information you would expect to see on the label of an egg carton.

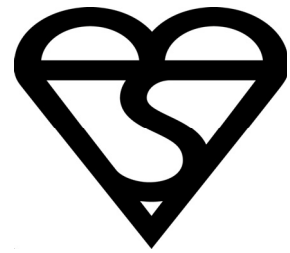
(i) _____ (ii) _____

(iii) _____ (iv) _____

5. Indicate with a tick [✓] whether **each** statement is true **or** false.

	True	False
(i) Wholemeal flour contains the whole wheat grain.		
(ii) White flour is high in fibre.		
(iii) Strong flour contains extra gluten.		

6. What information does this symbol convey to the consumer?



7. Give **one** advantage and **one** disadvantage of using the self-service checkout when shopping.

(i) **Advantage** _____

(ii) **Disadvantage** _____

8. Choose the correct word from the list below to complete **each** of the following sentences.

supermarkets

discount stores

chain stores

(i) _____ offer goods at reduced prices.

(ii) Large grocery stores are called _____.

(iii) _____ are nationwide shops with similar layout.

9. Suggest **two** advantages of saving money.

(i) _____

(ii) _____

10. The following are types of teeth. Match **each** to the correct function listed below.

canine

molar

incisor

FUNCTION	TYPES OF TEETH
Cut food	
Tear food	
Chew food	

11. Name **two** physical changes that occur in girls during puberty and **two** physical changes that occur in boys during puberty.

Girls	Boys
(i)	(i)
(ii)	(ii)

12. Give **two** reason why it is important to get enough sleep.

(i) _____

(ii) _____

13. Suggest **three** guidelines that should be followed in order to maintain healthy skin.

(i) _____

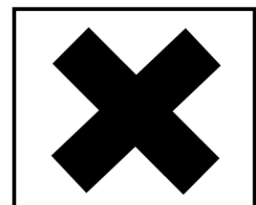
(ii) _____

(iii) _____

14. Indicate with a tick [✓] whether each statement is true **or** false.

	True	False
(i) A detached house is joined to another house.		
(ii) A bungalow is a single storey house.		
(iii) A terraced house is in a row of attached houses.		

15. What information does this symbol convey to the consumer?



16. State **three** points a consumer should consider when choosing a cooker.

(i) _____

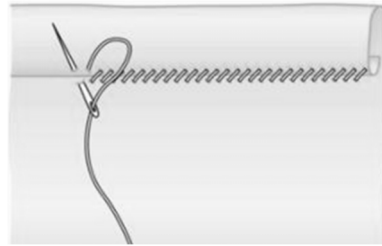
(ii) _____

(iii) _____

17. Name the stitch shown in the diagram and suggest **one** use for it.

Stitch _____

Use _____



18. List **three** guidelines to follow when ironing clothes.

(i) _____

(ii) _____

(iii) _____

19. Give **two** examples of how fashion trends become popular.

(i) _____

(ii) _____

20. What information does this symbol give to the consumer?



SECTION B

160 marks

Answer 4 (four) questions from this section. All questions carry equal marks.

1. (a)



Farmhouse Vegetable Soup

Ingredients: Water, carrots, potatoes, onions, vegetable stock, sunflower oil, salt, black pepper

Nutritional Information: (per 100g)

Energy 62Kcal/258Kj,

Protein 0.6 g, Fat 4.4 g, Carbohydrates 4.5 g

Fibre 1.1 g, Salt 0.6 g

Cooking Instructions: Pour into a saucepan and place over a medium heat, bring to the boil and simmer, stirring occasionally.

Using the information given above, answer each of the following:

(i) Give **one** function of fat in the diet _____

(ii) Explain the cooking instruction *simmer* _____

(iii) Name **one** food that could be served with the soup to increase the fibre content.

(b) Give **one** advantage and **one** disadvantage of using convenience soups in the diet.

Advantage _____

Disadvantage _____

(c) Choose the correct word from the list below to complete **each** of the following sentences.

stock

broth

purée

(i) A _____ is an example of a thin soup.

(ii) _____ is a well flavoured liquid used to make soup.

(iii) A _____ is an example of a thick soup.

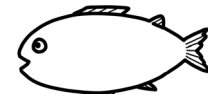
(d) Name **two** safety points to follow when using a hand blender to make home-made soup.

(i) _____

(ii) _____



2. Fresh fish is an ideal food to include in a healthy balanced diet.



(a) Give **two** examples of white fish.

(i) _____ (ii) _____

(b) List **three** methods of cooking fish and suggest a different dish for each method.

Method of cooking fish	Fish dish
(i)	(i)
(ii)	(ii)
(iii)	(iii)

(c) List **two** guidelines that should be followed when buying and **two** guidelines to follow when storing fish.

Buying fish

(i) _____

(ii) _____

Storing fish

(i) _____

(ii) _____

(d) Name **two** methods of processing fish.

(i) _____ (ii) _____

(e) List **two** effects of cooking on fish.

(i) _____

(ii) _____

3. (a) Place **each** of the goods and services listed below under the correct heading:

dentist book camera dry cleaner hairdresser shoes

Goods	Services

(b) Suggest **three** ways in which shopping has changed in recent years.

(i) _____

(ii) _____

(iii) _____

(c) Name **two** different types of redress available to the consumer when a product is faulty.

(i) _____ (ii) _____

(d) Suggest **four** guidelines that should be followed when shopping within a budget.

(i) _____

(ii) _____

(iii) _____

(iv) _____

(e) This is a barcode label found on goods.
Give **two** advantages of a barcode label.



(i) _____

(ii) _____

4. (a) Describe each of the following types of family.

Nuclear family _____

Extended family _____

(b) Give **two** examples of roles that parents fulfill and **two** examples of roles that adolescents fulfill within the family.

Parents	Adolescents
(i)	(i)
(ii)	(ii)

(c) List **three** reasons why conflict can occur in the family.

(i) _____

(ii) _____

(iii) _____

(d) Suggest **two** ways in which conflict within the family can be avoided.

(i) _____

(ii) _____

(e) Explain the term *peer pressure*.

(f) Give **two** examples of positive peer pressure.

(i) _____

(ii) _____

5. (a) The following are common causes of accidents in the home. Suggest different ways that these accidents can be prevented.

Causes of Accidents	Prevention of Accidents
Choking	
Falls	
Burns	
Poisoning	

- (b) State **three** safety guidelines that should be followed to prevent fires in the home.

- (i) _____
- (ii) _____
- (iii) _____

- (c) Describe the first aid treatment for a minor burn.



- (d) Name **three** items of fire safety equipment suitable for use in the home.

- (i) _____
- (ii) _____
- (iii) _____

- (e) Choose the correct word from the list below to complete **each** of the following sentences.

strain

ventilation

carbon monoxide

- (i) A _____ is an injury to soft body tissue.
- (ii) _____ is a harmful gas produced by fires.
- (iii) _____ helps to reduce condensation.

6. (a) List **three** points to consider when choosing household items for the home.

(i) _____

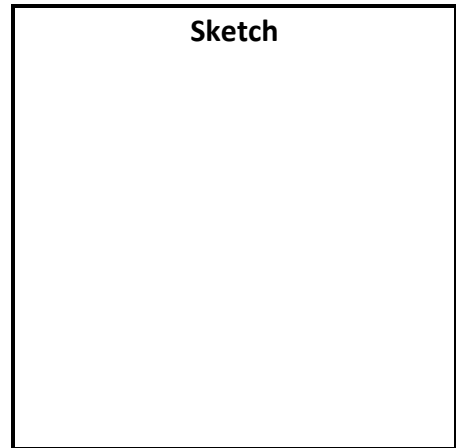
(ii) _____

(iii) _____

(b) Name, sketch and describe a decorative textile item suitable for a teenager's bedroom.

Name _____

Description _____



(c) Name the following machine stitches.

(i)  _____

(ii)  _____

(d) State **two** advantages of using a sewing machine.

(i) _____

(ii) _____

(e) Give **four** guidelines that should be followed when using a sewing machine.

(i) _____

(ii) _____

(iii) _____

(iv) _____

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